



AN INTRODUCTION TO PEOPLE MANAGEMENT



BUILD CONFIDENCE. LEAD EFFECTIVELY. GET THE BEST FROM YOUR TEAM.

Whether you're stepping into management for the first time or looking to sharpen your management skills, this practical and engaging workshop equips you with the essential skills to manage people with confidence and impact.

You'll learn how to motivate individuals, improve performance and create a high-performing team, while developing a management style that gets the best from them.

By the end of the session, you will know how to:

- Demonstrate the core behaviours of a good people manager
- Adapt your management style to suit different individuals and situations
- Delegate and brief tasks clearly, in a way that empowers your team
- Deliver constructive feedback that facilitates high performance and engagement
- Manage upwards effectively to build stronger relationships with senior stakeholders

Areas Covered Include:

- The core behaviours and mindset of successful managers
- Understanding your management style and how to adapt it to get the best from others
- Practical approaches to delegation and empowerment
- Giving feedback that motivates and improves performance
- Managing expectations and influencing upwards

The session features group discussions, real-world case scenarios and individual exercises. You'll have the opportunity to apply your learning to common people management challenges, ensuring you leave with tools and techniques you can use immediately.

WHY CHOOSE AMBER?

We help businesses to grow through people development. Specialising in management and communication skills, we offer training that includes people management, leadership skills, building resilience, communicating with impact, presentation skills, storytelling, time management and much more.

Formats include face-to-face workshops, online training plus one-to-one coaching programmes for individual needs.



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